



**pre~seed**<sup>®</sup>  
*Fertility-friendly*<sup>™</sup>  
Vaginal Lubricant

Finally a vaginal lubricant that mimics natural body secretions for an optimal sperm environment.

Clinically Tested

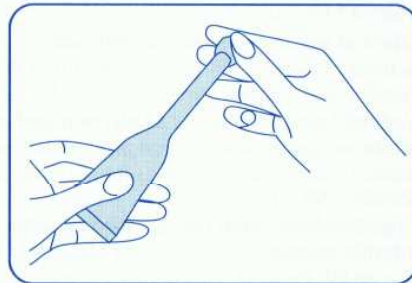
#### DIRECTIONS FOR USE

Please read the following carefully before use.

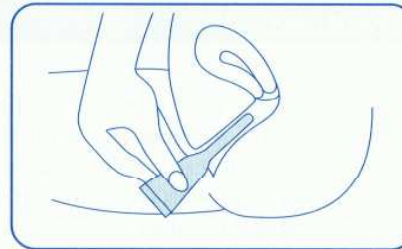
- 1 Remove the applicator from the sealed pouch. Do not remove the twist-off tab at this time.

**NOTE: If any wrapper is torn, DO NOT USE this product; instead return entire contents to place of purchase.**

- 2 Grip the applicator by the thick end (bulb). Point the narrow end of the applicator towards the ground, and shake the *Pre-Seed*<sup>®</sup> like a thermometer to ensure contents are at the narrow end prior to insertion into the vagina.
- 3 Completely twist off the square plastic tab on the applicator and discard the tab.



- 4 *Pre-Seed*<sup>®</sup> can be applied up to 15 minutes prior to intercourse. Applying it before you begin making love allows the moisture to disperse throughout the vagina and allows more spontaneity for you as a couple.



- 5 To apply, insert the narrow end of the applicator deep into the vagina. This can be done while standing, lying down, or sitting (as if on the toilet).
  - 6 Once inserted, press down on the thick end (bulb) of the applicator several times to deposit *Pre-Seed*<sup>®</sup> into the vaginal cavity. Then while squeezing the applicator closed, remove the applicator and discard it into a waste container.
  - 7 In order to get the right amount of moisture for your body, bear down slightly after depositing the product. This will expel any excess *Pre-Seed*<sup>®</sup> that your body doesn't need. You can then use a tissue to lightly wipe off any product that is on your vulva after application.
  - 8 If you do not use the entire contents of the applicator, you should discard the unused product and the applicator. **IT IS NOT SAFE** to store *Pre-Seed*<sup>®</sup> applicators for multiple uses.
- Store at room temperature (59° to 86° F).

#### WARNINGS

- *Pre-Seed*<sup>®</sup> is not a contraceptive. **It does not kill sperm or interfere with sperm function.**
- *Pre-Seed*<sup>®</sup> is extremely slippery, clean up any spills immediately.
- If application of *Pre-Seed*<sup>®</sup> causes increased irritation or discomfort, discontinue use of the product. If symptoms persist contact your physician.
- Keep out of reach of children.
- **Do not use product if active infection or vaginal trauma is present.** If you have had recent surgery please seek medical advice before using.

*Pre-Seed*<sup>®</sup> is 100% satisfaction guaranteed. Please contact us at 888.471.7333 (US) or 509.443.0149 (outside of US); or at [info@ingfertility.com](mailto:info@ingfertility.com) if you have product concerns or questions. Also, please feel free to write us with your trying to conceive and *Pre-Seed*<sup>®</sup> stories. We love to hear from you!

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